



LIFE THROUGH THE SPIRIT • ROMANS 8:1-16

1. Read Romans 7:14-25. This sets the context for Paul's discussion on the Holy Spirit. Describe in your own words what Paul is saying.

Read Romans 8: 1-8

2. Why are Christians ("those who are in Christ Jesus") free from condemnation?
3. According to v. 4 what should be the result in our lives?
4. Who is the Spirit?
5. In vv.5-8 Paul is setting up a contrast. What is the opposite of life according to the sinful nature?
6. What is true of a person controlled by the sinful nature?
7. There is a similar contrast in Galatians 5:19-23. Which acts and fruit in that passage remind you of yourself? Which ones would you like to be more evident in your life?

Read Romans 8:9-11

8. Every verse in the next paragraph contains the word “if.” What is Paul teaching here?

9. How can you be sure you have the Holy Spirit?

Read Romans 8:12-16

10. Since Paul has said all believers have the Spirit living in them it would seem that all Christians would automatically live righteous lives all the time, but apparently that is not the case. What is implied by Paul’s command to live according to the Spirit?

11. How can you know you are empowered and directed (filled) this very moment?

12. Below are four issues that directly effect our on-going experience of the Holy Spirit’s direction and empowerment of our lives. Explain what is involved in each and how it relates to the Holy Spirit’s control of your life.

Confessing sin as we are made aware of it:

Yielding to Christ’s Lordship (His right to rule, and direct) over our lives:

Reliance, moment by moment, upon Him:

Faith that God will direct and empower you through His Spirit as He said He would:

13. As a Christian the Holy Spirit is in you and desires to direct and empower you. What is your responsibility to enjoying this reality daily?

Memory Verse:

Romans 8:9 “You, however, are controlled not by the sinful nature but by the Spirit...”